ThinkPad T14 Gen 6 (Intel)

PERFORMANCE

Processor
Intel® Core™ Ultra 5 225U, 12C (2P + 8E + 2LPE) / 14T, Max Turbo up to 4.8GHz, 12MB Intel® Smart Cache

AI PC Category[1]
AI PC

NPU
Integrated Intel® AI Boost, up to 12 TOPS

Graphics
Integrated Intel® Graphics

Chipset
Intel® SoC Platform

Memory
1x 16GB SODIMM DDR5-5600

Memory Slots
Arrow Lake: two DDR5 SODIMM / CSODIMM slots, dual-channel capable

Max Memory
Arrow Lake: up to 64GB DDR5-5600

Storage
512GB SSD M.2 2280 PCIe® 4.0x4 NVMe® Opal 2.0

Storage Slot
Models with U series processor: one M.2 2280 PCIe® 4.0 x4 slot

Max Storage Support[2]
One drive, up to 2TB M.2 2280 SSD

Audio Chip
High Definition (HD) Audio, Realtek® ALC3287 codec

Speakers
Stereo speakers, 2W x2, Dolby Audio™

Microphone
2x, 360°

Camera
5.0MP + IR Discrete with Privacy Shutter

Battery
57Wh

Power Adapter
65W USB-C® (3-pin)

DESIGN

Display[3]
14" WUXGA (1920x1200) IPS 400nits Anti-glare, 45% NTSC, 60Hz, DBEF5

Screen-to-Body Ratio
85.73%

Pen
Pen Not Supported

Keyboard
Backlit, Nordic (DK/FI/NO/SV)

Dimensions (WxDxH)[4]
315.9 x 223.7 x 10.9/16.13 (front/rear), 21.95 (maximum) mm;
12.44 x 8.81 x 0.43/0.64 (front/rear), 0.86 (maximum) inches

Weight[5]
Starting at 1.38 kg (3.05 lbs)

Case Color
Black

Case Material
PC + 20% CF (Top), PC + 20% CF (Bottom)

SOFTWARE

Operating System
Windows® 11 Pro, Nordic (DK/FI/SV/NO/EN)

CONNECTIVITY

WLAN + Bluetooth®[6]
Intel® Wi-Fi® 6E AX211, 802.11ax 2x2 + BT5.3

WWAN
WWAN Upgradable to 5G

Ethernet
100/1000M (RJ-45)

Standard Ports
- 1x USB-A (USB 5Gbps / USB 3.2 Gen 1)
- 1x USB-A (USB 5Gbps / USB 3.2 Gen 1), Always On
- 2x USB-C® (Thunderbolt™ 4 / USB4® 40Gbps), with USB PD 3.0 and DisplayPort™ 2.1
- 1x HDMI® 2.1, up to 4K/60Hz
- 1x Headphone / microphone combo jack (3.5mm)
- 1x Ethernet (RJ-45)

Optional Ports (configured)
- 1x Smart Card Reader
- 1x Nano-SIM Card Slot

Docking
Various docking solutions supported via Thunderbolt™ / USB-C®.
For more compatible docking solutions, please visit Docking for ThinkPad® T14 Gen 6 (Intel®)

SECURITY & PRIVACY

ThinkShield
ThinkShield is a comprehensive security solution that encompasses hardware, software, and supply chain components. For more detials, visit here

Security Chip
Discrete TPM 2.0 Enabled

Physical Locks
Kensington® Nano Security Slot™, 2.5 x 6 mm

Smart Card Reader
Smart Card Reader

Fingerprint Reader
Touch Style, Match-on-Chip, Integrated in Power Button

Other Security
- Camera privacy shutter (camera models)
- IR camera for Windows® Hello (facial recognition)

MANAGEABILITY

System Management
Non-vPro®

SERVICE

Base Warranty
3-year, Courier or Carry-in

Included Upgrade
3Y Premier Support HB (CPN), CO2 Offset 0.5 ton (2nd Generation Carbon Offset Projects)

CERTIFICATIONS

Green Certifications[7]
- ENERGY STAR® 9.0
- EPEAT™ Gold Registered
- ErP Lot 6/26
- RoHS compliant
- TCO Certified, generation 10

Mil-Spec Test
MIL-STD-810H military test passed

MODEL

TopSeller	: Yes	Announce Date	: 2025-05-13
EAN / UPC / JAN	: 0198158956130	End of Support	: 2031-12-13

Note:
[1] AI PCs have a NPU capable of 10+ TOPs to run the Copilot assistant by pressing the optional Microsoft Copilot key or using Win + C.
[2] The storage capacity supported is based on the test results with current Lenovo storage offerings.
[3] IPS (in-plane switching) technology may refer to IPS, PLS, ADS, AHVA, AAS.
[4] The system dimensions may vary depending on configurations.
[5] The system weight is approximate and based on results in Lenovo lab, which varies depending on the source of component, variance of each component, and manufacturing process. It may not be the exact weight for each specific model.
[6] Wi-Fi 6E operation is subject to the regulation rules in......

· Lenovo reserves the right to change specifications without notice.

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[7] EPEAT is registered where applicable, please visit

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